

# Hawaii Marine

## MCBH raises red cups for Keith



**Lance Cpl. Nathan Knapke**  
*Marine Corps Base Hawaii*

Country singer and songwriter Toby Keith brought his red Solo cup and guitar to Marine Corps Base Hawaii to play a concert for service members and their families at Dewey Square, Sunday.

After Keith's father, who served in the Army, passed away 11 years ago, the four-time American Music Award winner was inspired to travel the world and perform for the military. Sunday's performance on MCB Hawaii made it his 200th military concert.

"Once we started touring with United Service Organization, we hit the ground running and haven't stopped since," Keith said. "It's wonderful to spend our 200th show here on the mighty Marine Corps base."

Marines, sailors, friends and family brought country spirit to Dewey Square. Fans claimed their positions in front of the stage three hours before the show started. Their hopes to have a clear view were dashed when thousands of fans filled every inch of the open area.

Keith started the show with "Made in America." The lyrics of the song refer to a Marine with the Marine Corps motto "Semper Fidelis" tattooed on his left arm. This song set the tone for the rest of the show. Not only were people excited to see Keith, but he played a song that touched every Marine.

"Early on, I didn't realize that Marines don't care about songs that talk about soldiers," Keith said. "Since I spent so much time with Marines over the years, I produced 'Made in America' and it has gotten very popular with the military."

The sea of red cups started to wave in

Country singer and songwriter Toby Keith performs for service members and their families at Dewey Square, Sunday. Sunday's performance was his 200th military concert.

See **CONCERT, A-8**

## Aussies, Kiwis celebrate ANZAC brotherhood

**Cpl. Isis M. Ramirez**  
*U.S. Marine Corps Forces, Pacific*

**HONOLULU** — Kiwis, Aussies, Americans and other attendees from around the world gathered at the National Memorial Cemetery of the Pacific, April 25, during a solemn ceremony commemorating Australian and New Zealand Army Corps Day.

Originally, April 25 honored the members of ANZAC who fought at Gallipoli during World War I. Today, the holiday is comparable to the American Memorial Day and Veterans Day, as a time Australians and New Zealanders honor the veterans of their two countries.

Every year on Oahu, the Australian Consulate and New Zealand Embassy join with U.S. Marine Corps Forces, Pacific, to host a commemoration ceremony.

"No day better represents the closeness between our two nations than ANZAC day," said Scott Dewar, Australian Consul-General to the U.S. "Today, ANZAC Day, is the 98th anniversary of the landing on the Gallipoli Peninsula on the western side of the Dardanelles in 1915. Today, we commemorate those who, nearly 100 years ago, joined together

to fight for a common cause, and we commemorate the bond between our nations that they forged."

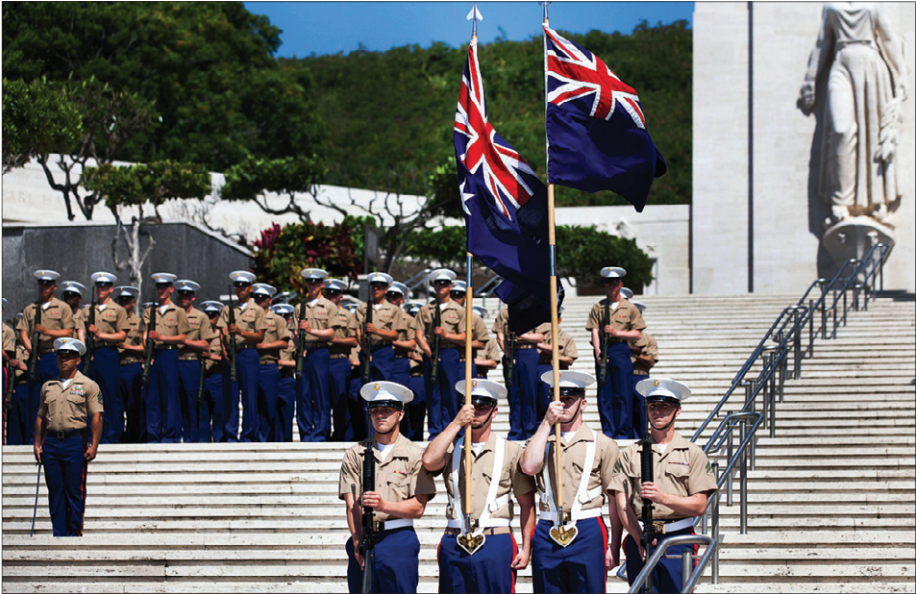
New Zealand's ambassador to the U.S., Mike Moore, was the keynote speaker to the event.

Before his commemorative address, he expressed his regrets for the recent Boston bombings. Moore empathized with America, as Australia and New Zealand have also suffered losses from Sept. 11, 2001 and other incidents in various countries.

"I know I speak for my Australian and New Zealand brothers and sisters when I speak of our sorrow and solidarity with all Americans, given the recent sad events in Boston," said Moore. Distance has never isolated us from the great events that have confronted our civilization, so the struggle continues. Thank you all for sharing our most sacred and solemn day."

Moore told the story of the ANZACs and how they forged the brotherhood that is now so easily recognizable. As he remembered ANZACs before him, he pointed to the strength of their relationship today and in the future.

"This is what ANZAC means," Moore



**Cpl. Isis M. Ramirez** | U.S. Marine Corps Forces, Pacific

A Marine color guard from 3rd Marine Regiment carries the Australian and New Zealand Colors at the ANZAC Day ceremony at the National Memorial cemetery of the Pacific in Honolulu April 25. Every year, the Australian Consulate and New Zealand Embassy join with U.S. Marine Corps Forces, Pacific, to host a commemoration ceremony.

said. "It's a living set of mates and mate-ships. We are each other's first responders. If it's a flood in Queensland, a fire in Victoria or Tasmania, the Kiwis will be

there. If there is an earthquake in Christchurch, the Aussies will be there. You don't have to call. You don't have to. We just turn up because that's the way it is."

## K-Bay Marine linguist named best in DoD

**Christine Cabalo**  
*Marine Corps Base Hawaii*

Breaking past language barriers is a challenge, but it's one Sgt. Miguel Iles meets every day.

Iles, an Asia-Pacific cryptologic linguist with 3rd Radio Battalion, prevailed among his armed services colleagues and was recently named the Department of Defense's Language Professional of the Year. He is a non-native speaker of Mandarin Chinese and became proficient in Korean through DoD training.

"The program at the Defense Language Institute is great," said Iles, a native of Grand Rapids, Mich. "I went from knowing just kimchi and hello in Korean to being able to understand newspaper articles and television news."

Iles gained proficiency in Korean after less than two years of training and deployed for eight months

during the last fiscal year. He's served as a translator during joint efforts of the Ulchi-Freedom Guardian exercises and alongside Republic of Korea and U.S. Army service members processing intelligence reports.

"From the time we got there, we hit the ground running," said Sgt. Kenneth Nienhuser, who is another Asian-Pacific cryptologic linguist with 3rd Radio Bn. who deployed with Iles in 2012. "He completed every bit of training he needed to do and every time he could go up for advancement, he did. Within the short amount of time he was there, he accomplished quite a bit."

His language skills are vital to processing and analyzing collected intelligence information, said Capt. Devin Phillabaum, Alpha Company commander, 3rd Radio Bn. Phillabaum said it was both Iles' significant contribution to intelligence and his high proficiency scores in two challenging languages that

set him apart from others.

"The fact that he learned Korean in 18 months, and Chinese largely through immersion, is a testament to his work ethic," he said. "He enjoys and embraces challenge. He went out and actively sought out the hardest languages to learn."

Although much of his work is classified, Iles said he's learned a lot of cultural background information from unclassified sources in their native languages.

"I can read not only what the Western media is saying, but read the original press releases from North and South Korea, as well as commentary made by China," he said. "I find the Western media is very lazy when it comes to reporting from foreign media."

Since his college days, Iles studied Mandarin Chinese and is intrigued by Chinese literature. As he

See **LINGUIST, A-8**



**Race ya!**  
More than 200 competitors participate in Sprint Triathlon, **B-1**



**Hawaiian oasis**  
Visit Waimea Falls in Haleiwa for a beautiful weekend excursion, **C-1**





# NEWS BRIEFS

## Prenatal education and support group

Come meet other expectant mothers and learn about how to have a healthy pregnancy at the prenatal education and support group, Monday from 1:30 to 3:30 p.m., in building 216, room 63. Come to one or attend them all. The group is open to all active duty, family members and Department of Defense civilians. For more information, call 257-8803.

## Wash-n-go car wash closed for renovations

The car wash located in building 6648 at the K-Bay Gas Lanes will be closed for renovations from May 13 through 22. The car wash located at building 98 will be available. For details, call Mike Bailey at 254-2775.

## Volunteer opportunity at Honolulu Zoo

The Navy League is seeking volunteers for Military Appreciation Day at the Honolulu Zoo, May 19, from 9 a.m. to 2 p.m. Volunteers should arrive by 7:30 a.m. and will leave after the event ends. Volunteers will work in various areas such as food service and running games. Volunteers should wear shorts and closed-toe sneakers. The minimum age for volunteers is 16. An event T-shirt will be provided upon arrival. Contact Johanna Marizanh-Ho at 257-8876 or johanna.marizanh@usmc.mil.

## Diva Closet Swap

The Diva Closet Swap for adult family members of active duty service members is scheduled for May 24 at Mololani Community Center from 5 to 8 p.m. Participants must donate by bringing gently used, washed clothing and accessories (hats, bags, scarves) to trade. Apparel we are looking for: work, casual, evening wear, night-on-the town. Drop off apparel at Marine Corps Family Team Building in building 216 by May 17. Child care is reimbursable. For details, call 257-2653.

## Newspaper carriers wanted

Newspaper carriers wanted to deliver the Hawaii Marine newspaper on base. Youths are welcome. For more information, call 388-0580.

## LifeSkills: Four Lenses personality assessment

The next LifeSkills: Four Lenses personality assessment class is scheduled for May 23 from 5:30 to 7:30 p.m. in the Marine Corps Family Team Building conference room in building 216. Learn about your personality and discover the personalities of others. This class promotes successful relationships at home or in the work environment. Child care is reimbursable. For more information, call 257-2410.

## Education fair

The next education fair is scheduled for May 24 at Mokapu Mall from 10 a.m. to 1 p.m. Meet with representatives from more than 20 colleges and universities. Get your questions answered about scholarships, grants, financial aid, the GI Bill and its transferability. For more information, call 257-2158.

## Single Marine and Sailor Program Waimano Pool hike

Single, unaccompanied Marines and sailors are eligible for the Waimano Pool hike, scheduled for May 27 from 8:30 a.m. to 2 p.m. Bring sturdy walking shoes, water, sunscreen and a camera. Meet at Kahuna's Recreation Center at 8:30 a.m. Sign up by May 21 by calling Karley Peterson at 254-7593.

## Important phone numbers

On-base emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

# Hawaii Marine

www.mcbhawaii.marines.mil

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Lance Cpl. Nathan Knapke | Hawaii Marine

Marines fire rounds down range during Combat Pistol Program qualification training and firing at the Puuloa Range Training Facility in Ewa Beach, Hawaii, April 30.

# New pistol qualification training

## Lance Cpl. Nathan Knapke

Marine Corps Base Hawaii

**PUULOA RANGE TRAINING FACILITY, Ewa Beach, Hawaii** — One of a Marine's best friends is his or her rifle. Marines master it as they master their lives. But if a Marine runs out of ammo or their rifle stops working during combat, a pistol could be their backup weapon. Marines learned about the new Combat Pistol Program qualification training and firing, which will replace annual pistol training.

The Marine Corps has been working to improve the pistol training program since 2008. An initial assessment of the pistol program was conducted on Marine Corps Base Quantico, Va. In 2012, Lt. Gen. Richard P. Mills, deputy commandant of combat development and integration, approved the new program.

May marked the start of the new CPP into the Marine Corps. Puuloa Range Training Facility started one of four Train-the-Trainer sessions for certified combat marksmanship coaches and trainers.

"In the past, Marines came back from deployment and said when they had to use the pistol, they didn't feel proficient with it," said Marine Gunner and Chief Warrant Officer 2 Jordan Kramp, Puuloa Range Training Facility officer in charge and a native of Chicago. "The best way to understand what it will feel like in combat is to experience combat. The new CPP will give Marines the closest understanding of how to use the pistol in combat, without actually being in combat."

Kramp attended a five-day training session with Weapons Training Battalion, MCB Quantico, and is certified to implement Train-the-Trainer sessions for all combat marksmanship coaches and trainers.

He supervised qualified Marines while they were introduced to the new CPP and asked for the Marines' feedback.

"This course is more combat-oriented than the pistol qualification previously implemented," said Cpl. Kyle Abreu-Buendia, a machine gunner with 2nd Battalion, 3rd Marine Regiment and native of Ewa Beach, Hawaii. "Everything is more rushed. In combat, you're not always going to have a perfect grip. When the shooter draws the pistol from the holster, it relates to how a Marine will shoot in a stressed environment. Besides, it's actually more fun to shoot this way."

Some of the most apparent changes from the annual pistol training and the combat pistol program are the time constraints, holster and targets that have visual human features. Marines have to "check their six" or look behind them after shooting a drill.

Marines shoot from the seven, 15 and 25-yard lines. At the seven-yard line, Marines shoot controlled pairs, failure drills and perform speed reloads. At the 15-yard line, Marines shoot controlled pairs and perform a speed reload. The 25-yard line consists of single action shots. At each distance, they have correlating time constraints that make the CPP training more difficult the further along in the course a Marine is.

"Commands across MCB Hawaii are strongly encouraged to send their Marines to the remaining Combat Marksmanship Coach and Combat Marksmanship Trainer courses," Kramp said. "Once they are certified CMCs and CMTs, they can attend the remaining CPP Train-the-Trainer courses. This is a new to the Marine Corps and the more Marines who attend the CPP Train-the-Trainer course, the more Marines throughout MCB Hawaii will be informed about the new course."

# 'GOLDEN SWORDSMEN' WELCOME NEW LEADER



Petty Officer 2nd Class Stacy D. Laseter | Patrol Squadron 47

Cmdr. Bill Ellis (left), outgoing commanding officer, Patrol Squadron 47, and Cmdr. Brian Erickson, incoming commanding officer, VP-47, ceremoniously cut the cake immediately following a change of command ceremony, May 2. The time-honored tradition was held in Hangar 104. Erickson most recently served as the executive officer of VP-47. Under Ellis' command, VP-47 established a reputation of excellence and professional performance, winning the Naval Air Forces Arnold J. Isbell ASW Trophy and the Commander, Patrol and Reconnaissance Wing 2 Battle "E".

# MILITARY FAMILIES VISIT MEMORIAL FOR MONTH OF MILITARY CHILD



Dan Anderson | Sierra Club

In honor of the Month of the Military Child, observed annually in April, the Sierra Club, National Park Rangers, and the World War II Valor in the Pacific National Monument staff hosted a tour of the monument in Honolulu, April 28. Soldiers, airmen, sailors, Marines from 3rd Battalion, 3rd Marine Regiment, and their families attended.



# AROUND THE CORPS

## Guam native awarded Silver Star

Cpl. Mark Garcia

I Marine Expeditionary Force

**MARINE CORPS BASE CAMP PENDLETON, Calif.** — A U.S. Navy corpsman from Talofofo, Guam, received the Silver Star during a ceremony at Camp Pendleton, May 3.

Petty Officer 1st Class Benny Flores, a corpsman serving with Air Naval Gunfire Liaison Company, was awarded the Silver Star for his actions April 28, 2012, while serving with Regional Command Southwest providing medical support on a mission to Zaranj, Nimroz province, Afghanistan.

Zaranj is the capital of Nimroz and is considered to be a relatively modernized and prosperous city. It sits right beside the Iranian border and hadn't seen a major insurgent attack for four years until that point.

Zaranj is a place so progressive that the U.S. does not have any military bases operating in Nimroz province. Because of that, there are no armored vehicles to ride around in and service members must ride in Afghan Uniform Police pickup trucks.

It was Flores's first trip to Zaranj and nothing was out of the ordinary, it was just another mission. While driving down the highway in a convoy, his truck was hit by a suicide bomber sending shrapnel into the vehicle. What Flores did after the initial shock of the attack would exemplify what corpsmen represent — accepting great personal risk to keep others alive.

"I had about five to 10 seconds of blurriness because

I was right next to the blast and right after that I saw my arm hit me and I knew what was going on and I went to go check on the other Marines that were wounded," Flores said.

Riding in the bed of the truck, Flores was hit with shrapnel to his arms and neck. As he shed blood, Flores grabbed his medical bag and started to aid the wounded Marines and AUP officer that had been driving. After the initial blast, the convoy was ambushed by enemy gunfire. Flores ran through incoming rounds as the Marines laid down cover fire. He risked his life a total of four times to help save the Marines and AUP officer wounded by the blast.

"My first thought after the blast was to go through the basic steps to take care of the Marines," Flores said. "Check all the massive bleeding and their airways, just the basic things they teach us. My main concern was just making sure they were all okay and that nothing too crazy or too serious had happened to them."

Master Sgt. Scott E. Pruitt was riding in the passenger seat and was in critical condition after the blast. Flores did everything in his power to stabilize him, but his injuries were too serious and he succumbed to them. Because of Flores' selfless actions on that fateful day, he was able to save the lives of multiple Marines and their Afghan partners.

"I wish we all came back," Flores said. "I really truly wish we all came back, unfortunately we didn't. We lost one guy, Master Sgt. Scott Pruitt, and to this day, he's always in my thoughts and prayers. I really wish he were

here, maybe not for the ceremony, but just to see his face and him being with his family, his two daughters that he left behind. Please keep him in your prayers."

During the ceremony, Maj. Gen. Charles M. Gurganus, the commanding general of I Marine Expeditionary Force (Forward), congratulated Flores and expressed his pride in him.

"It's a tremendous honor and privilege for me to have had an opportunity to participate in this ceremony today to recognize the selfless act of bravery that 'Doc' Flores executed," Gurganus said. "I just couldn't be prouder of anything that I have ever witnessed or been a part of. Wounded, with a concussion, running four times back out into an ongoing firefight without any hesitation at all."

"I don't think Doc Flores got up that morning and thought, 'today's the day I'm going to be a hero,'" he continued. "He saw what needed to be done and he acted with bravery and he acted without regard for his own life. It's something pretty special to be able to serve with young guys who will lay down their life for one another. I couldn't be any prouder of you than I am today. Marines don't go to war without their weapons and Marines don't go to war without their docs."

Despite his heroic actions, Flores is humble about receiving the award and feels he was just doing his job.

"I'm very humble and very thankful," Flores said. "I wasn't expecting it. It's one of those things that you don't expect but I'm very thankful for all the people that did the work and thought I deserved something."



Cpl. Marco Mancha | 2nd Marine Division

The senior leaders for 3rd Battalion, 10th Marine Regiment, case the American flag during a deactivation ceremony April 26. Lt. Col. Todd E. Perry expressed his appreciation for the pride and commitment each Marine and sailor showed while serving with the unit.

## Lejeune Marines bid farewell to 'Seven for One' battalion

Cpl. Marco Mancha

2nd Marine Division

**MARINE CORPS BASE CAMP LEJEUNE, N.C.** — Marines and sailors with 3rd Battalion, 10th Marine Regiment, bid their final farewell during a deactivation ceremony at W.P.T. Hill Field, April 26.

The hundreds of guests in attendance marveled at the military precision of the Marines and sailors in formation. Several military vehicles were staged behind the formation and three M-777A2 howitzers were centered on the parade deck.

The howitzer, a massive and powerful cannon, is a distinct symbol of the illustrious history of 3rd Bn., 10th Marines. From the battalion's birth in 1943 during World War II to the wars of today in Iraq and Afghanistan, the Marines and sailors, both past and

present, have stood ready and maintained a strong sense of duty throughout.

It is in remembering this devotion that battalion commander Lt. Col. Todd E. Perry expressed his appreciation for the pride and commitment each Marine and sailor showed while serving with the unit.

"Some people spend an entire lifetime wondering if they made a difference in the world. The Marines don't have that problem," stated Spring, Texas native Perry, quoting former President Ronald Reagan. "The Marines and sailors of 3rd Bn., 10th Marines have embodied that quote, and I'm here to be a testament of over 70 years honorable and faithful service to our country and Corps, they have made a difference in our world."

Perry then asked the audience to join him in a standing ovation for the service members standing behind him in the massive formation. The crowd rose

to their feet with enthusiasm.

"I am honored to be the last senior enlisted adviser of this battalion," said Sgt. Maj. Richard Estrada of Beeville, Texas. "The Marines performed admirably throughout my time here."

Estrada, the sergeant major for the battalion, aided in the conclusion of the ceremony by casing the battalion colors for the last time.

The battalion gave 70 years of service to the U.S. and the Marine Corps. They served through multiple campaigns and operations spanning the Pacific during World War II, Operation Desert Storm, Operation Desert Shield, Operation Iraqi Freedom and Operation Enduring Freedom. Even with the deactivation, the artillery unit will forever live on in the hearts and minds of all the cannoneers who served in the "Seven for One" battalion.

## Marines practice for crisis contingency in Romania



Lance Cpl. Michael Dye | Black Sea Rotational Force

A Marine with the security team searches a Marine role-playing an evacuee during a crisis contingency exercise aboard Mihail Kogalniceanu Military Base, Romania, May 3.

Lance Cpl. Michael Dye

Black Sea Rotational Force

**MIHAIL KOGALNICEANU, Romania** — Marines and sailors with Black Sea Rotational Force 13 stood up an evacuation control center in support of a simulated crisis contingency aboard Mihail Kogalniceanu Military Base, Romania, May 3.

The training simulates an evacuation hub where Marines participating as role players passed through an entry control point, a security station, an additional screening station and then an evacuation simulation.

"This entry control point is a crucial point to the evacuation site," said Gunnery Sgt. Jose Reese, the acting company first sergeant for the logistics combat element, and a St. Louis native. "These Marines and sailors encounter all types of people and have to screen them to determine they bring no threat to anyone inside the site."

The Marines who were working inside the ECP did not know what to expect. Some role players were just normal citizens, while some had bombs, contraband and terroristic notes inside their shoes.

"My part as a role-player was simple, gain entry into the ECP," said Lance Cpl. Jonathan Dudash, a role-player for today's simulation, and a Bunker Hill, W. Va. native. "I was simulating an average U.S. citizen with no family simply gaining entry into the evacuation point."

The Marines and sailors ran several scenarios trying to cover all aspects of what could happen for training purposes.

"We had one guy who acted nervous who was simulating sneaking knives into the ECP," said Dudash. "The Marines working the ECP caught onto him by identifying signs such as nervousness and being evasive with his answers and were able to effectively detain him."

Other role-players had different objectives. Some attempted to smuggle simulated narcotics while some wore fake explosive vests.

"I think the training went smoothly," said Reese. "The Marines were able to identify threats by observing demeanor and how the role-players answered questions."

This type of simulation is an important part of training. Marines and sailors with BSRF-13 need to be confident when handling these types of situations. If a real crisis arises, the contingency force can effectively evacuate people while keeping them safe.

"The way I look at it is, it's practice before the game," said Reese. "If a crisis pops up anywhere in the country, these Marines need to be able to jump straight into a tactical mind set and get people to safety."

BSRF-13 will be supporting various military engagements while also serving as a crisis contingency force for the Black Sea region. BSRF-13 is slated to conduct military engagement operations with approximately 21 different nations during its six-month deployment. During that time, BSRF will exchange and advise small unit tactics, convoy operations, live-fire weapon ranges, non-lethal weapons employment and counter-improvised explosive device training.



# Marines, Australian service members commemorate Battle of Coral Sea

Story and photos by  
**Sgt. Sarah Fiocco**  
*Marine Rotational Force-Darwin*

**DARWIN, Northern Territory, Australia** – In four days, 71 years ago, Australia and its allied forces engaged in the largest naval battle that has ever been fought off its shores.

To honor those who fought and died during the Battle of Coral Sea, May 4 through 8, 1942, Australian service members and Marines with Marine Rotational Force – Darwin attended a commemorative service at the USS Peary Gun Memorial May 3.

The ceremony's location signified the build up of the Battle of Coral Sea that started with the bombing of Pearl Harbor Dec. 7, 1941, and Darwin Feb. 19, 1942. The attack on Darwin led to the sinking of USS Peary, killing 89 of its crewmembers.

"The battle forged a strong and lasting alliance with the United States, based on the realization that our two great nations were destined to share common interests, common attitudes and common goals," said Royal Australian Navy Lt. Cmdr. Jon Davidson, executive officer, HMAS Coonawarra.

The perseverance of the service members who fought in the battle helped turn the tide of World War II in the Pacific in favor of the allied forces.

"The Coral Sea will forever live in our memories as the place where hundreds of selfless American and Australian service members gave their lives in the name of freedom," read Lt. Col. Matthew Puglisi, officer in charge, Marine Rotational Force – Darwin, from President Barack Obama's message. "During these days of remembrance, Americans stand with Australians to honor their legacy as we recommit to the vitality of our alliance and the promotion of lasting peace."



An Australian Army bugler sounds "Last Post" at the USS Peary monument during a Battle of Coral Sea ceremony, marking its 71st anniversary, May 3.



Lt. Col. Matthew Puglisi, officer in charge, Marine Rotational Force – Darwin, U.S. Marine Corps Forces, Pacific, delivers President Barack Obama's message during a Battle of Coral Sea ceremony, marking its 71st anniversary, at the USS Peary monument May 3. This anniversary celebrates one of the defining moments in the enduring alliance between the U.S. and Australia.



Lt. Col. Matthew Puglisi, officer in charge, Marine Rotational Force – Darwin, U.S. Marine Corps Forces, Pacific, places a wreath at the USS Peary monument May 3, during a Battle of Coral Sea ceremony, marking its 71st anniversary. The USS Peary lost 89 of its crewmembers after an air raid by Japanese forces at Darwin Harbor, Feb. 19, 1942.

A flag party of Australian sailors raise the Australian and American flags during a Battle of Coral Sea ceremony, marking its 71st anniversary, at the USS Peary monument May 3.



Sgt. Nathaniel Fowler, forward coordination element, Marine Rotational Force – Darwin, salutes as "Last Post" sounds at the USS Peary monument May 3, during a Battle of Coral Sea ceremony, marking its 71st anniversary. During the battle, the Japanese failed to capture New Guinea, saving Australia from isolation of U.S. support. The battle was a draw, and the Japanese eventually surrendered.





Lance Cpl. Suzanna Lapi | Hawaii Marine

Marines with Combat Logistics Battalion 3 and other volunteers clean up trash at Oneula Beach Park in Ewa Beach to help raise money for the Make-A-Wish Hawaii organization, Saturday.

# Picking up trash for cash: Marines help raise money by cleaning beach

**Lance Cpl. Suzanna Lapi**  
*Marine Corps Base Hawaii*

**ONEULA BEACH PARK, Ewa Beach** — Under a bright blue sky with the spray of salt water drifting in the air, Marines from Combat Logistics Battalion 3 and other volunteers helped the Make-A-Wish Hawaii organization raise money by cleaning the beach park, Saturday.

Leah Vanek, a special events coordinator with Make-A-Wish and native of Kanopolis, Kan., said the beach clean-up will bring the organization a \$1,000 donation to make the wish of a child with a terminal illness come true.

“The Matson Container for the Land program donates money to non-profits after we designate and clean an area,” Vanek said. “Since we are a nonprofit

organization, we rely on volunteers for support and to raise money. At this point, we are set to grant 70 local wishes in Hawaii.”

As the Hawaiian sun beat down, the volunteers and Marines searched the beach for trash as locals stopped to thank them for taking the time to help keep Hawaii beautiful.

Staff Sgt. Peter Morales, utilities maintenance chief for CLB-3 and a native of Chicago, said it’s important for the locals to see Marines in an encouraging way in the community.

“When Marines volunteer for events like this, it shows the local community we are doing something to give back,” Morales said. “We are out here to be in contact with the community. It also benefits junior Marines to see their seniors out here and to be a part

of something to help those in need.”

Utilizing trash claws and bags, the Marines and volunteers made the most of their dirty work by chatting, listening to music, and enjoying the view of the crystal waters of the Pacific Ocean surrounding the island.

Cpl. Jorge Valdivia, a heavy equipment mechanic with CLB-3 and native of Cudahy, Calif., said he has participated in volunteer events with Make-A-Wish in the past and was looking forward to being able to participate again.

“I had a good time volunteering in the past since it’s a good cause,” Valdivia said. “Marines volunteering and giving back is a must, especially because of the time otherwise spent in our barracks. We have the opportunity to make a difference on our weekends

off.”

The Marines, clad in white and blue Make-A-Wish shirts, were glad to have their presence noted after local community members stopped in their vehicles to greet them and ask why they were there cleaning.

As the day ended, everyone gathered with the sun still shining to discuss the event and remark on the volunteers’ hard work.

Jason Black, a creative specialist with Make-A-Wish and native of Honolulu, said the turnout of Marines was wonderful because of their drive.

“The Marines today were awesome because they worked hard and didn’t need a lot of direction,” Black said. “They are motivated to come and help, and we hope that they continue to do so in the future.”





Photo courtesy of Patrol Squadron 9

Combat Aircrews 1 and 5 from Patrol Squadron 9, along with select service members from the commander, Patrol and Reconnaissance Wing 2 tactical operations center, received a three-hour tactical tour of USS Chafee during a crossdeck engagement April 3.

# Patrol Squadron 9 aircrews, CPRW-2 sailors tour USS Chafee

**Lt. Cmdr. Dave Browning**

*Patrol Squadron 9*

Combat Aircrews 1 and 5 from the Patrol Squadron 9 “Golden Eagles”, along with select service members from the Commander, Patrol and Reconnaissance Wing 2 tactical operations center received a three-hour tactical tour of USS Chafee during a crossdeck engagement April 3.

This marks the beginning of an inter-service initiative to improve interoperability and promote camaraderie between two communities that rarely meet. At sea, USS Chafee and similar ships frequently work with P-3C Orion aircrews during coordinated operations. Typically, the most capable combatant warship in that area of responsibility,

such as USS Chafee, will act as the air controlling unit to the P-3 Orion aircraft on station.

The intent of their merger at sea is to synergize capabilities in order to detect, track and deter the enemy, whether that is a surface, subsurface, or coastal threat. Unlike a team that would meet face-to-face on a regular basis to talk tactics and discuss mission sensor limitations, knowledge between the surface ship units and the P-3C Orion squadrons are typically limited to book facts and unofficial passdown, alike sea stories.

The crossdeck engagement between these two units marks the first of many more to come, with plans to include additional destroyer squadron units.

A large portion of the tour was hosted by Chief Petty Officer Tian Henry, op-

erations specialist chief; and Petty Officer 2nd Class Errick Montes, operations specialist; of USS Chafee, who provided a detailed narrative of the ship’s capabilities. Members from both units engaged in tactical discussion as the group made their way around the ship. They began on the bridge and worked their way to sonocontrol, where Petty Officer 1st Class Rory Satink and Petty Officer 1st Class David Schantz, both sonar tech ground sailors with USS Chafee, dazzled the maritime aviators with the ship’s anti-submarine warfare equipment capabilities.

The group then made their way to the ship’s combat information center, where they watched a video displaying the raw firepower possessed by USS Chafee through pre-recorded Standard

Missile 2 shots, gun engagements, and helo operations. The crossdeck engagement ended at the fantail to include a glimpse of the multi-function towed array and helo hangar and deck, along with additional tactics discussions.

The Golden Eagles have equally engaged with the crew of USS Chafee, having already included them in multiple crew tactical training simulator events, static aircraft walk throughs, TOC briefings, and local area tactical training events conducted in the aircraft. Thus far, both teams have thoroughly enjoyed the crossdeck engagements. The long-term effects should prove worthwhile as these units and others like them meet at sea to work together for the common goal of maritime dominance and the conservation of peace.



# SOLARCity, FOREST CITY TO INSTALL SOLAR IN MCB HAWAII HOMES



Photo courtesy of SolarCity

**Will Boudra, the vice president of development at Forest City Military Communities Hawaii, speaks during a gathering of representatives from Forest City and SolarCity aboard Marine Corps Base Hawaii, Wednesday. The gathering, which included a traditional Hawaiian blessing, celebrated the beginning of a massive solar project by Forest City Military Communities and SolarCity, a company offering solar power and electric vehicle services. The project's goal is to provide solar electricity to 6,500 military family residences at Ohana Military Communities, which serves Navy Region Hawaii and MCB Hawaii. SolarCity and Forest City have finished installing the first 700 kilowatts of solar capacity at MCB Hawaii. SolarStrong, SolarCity's five-year plan to build more than \$1 billion in solar energy projects for U.S. military housing communities, is expected to create up to 300 megawatts of solar generation capacity that could provide energy to as many as 120,000 military housing units. The project is expected to reduce Hawaii's dependence on imported oil to produce the majority of its electricity, and help the state make a significant advance toward its ambitious Clean Energy Initiative goal to use 70 percent clean energy, including 40 percent renewable energy, by 2030.**

## LINGUIST, from A-1

reads through current political commentary, the Marine linguist said Chinese media condemns North Korea's recent nuclear test but also blames tensions on the United States for extensive combined exercises with the South Koreans.

Since studying North Korean resources, Iles said he's noticed the country's government reacts strongly to any negative criticism.

"North Korea is very sensitive about their security and their place in the world and their reputation," he said. "The average North Korean believes that the Korean War is the result of American aggression because that's what they're taught in school."

Iles' win comes at a time when 3rd Radio Bn. and other military units with foreign language components are facing stiff financial budgets, Phillabaum said. The conference honoring Iles and other top linguists may not occur this year due to reductions in their budget.

"Budget cuts have already affected our ability to send Marines to language

training," Phillabaum said.

Indonesian classes have been cancelled due to reduced funding on the DoD level, and Phillabaum said units would need to begin thinking of creative ways to facilitate foreign language training.

To keep up his Korean and Chinese language skills, Iles said he's looked for resources that hold his interest. In Chinese, he's studied kung fu novels and for Korean, he's learned more about the social differences in North Korea. Reading and studying the languages in context has helped Iles, and it's advice he has passed on to others.

"He's helped me to remember to keep the language in context," Nienhuser said. "You can't just study the words and expect to remember them all. You have to use them within sentences to better retain them."

His advice will be on the minds of many military linguists, since Iles' next duty station will be teaching at the institute in Monterey, Calif.

As a teacher he will continue to break down barriers, one word and sentence at a time.



Christine Cabalo | Hawaii Marine

**Sgt. Miguel Iles, an Asia-Pacific cryptologic linguist with 3rd Radio Battalion, reads a traditional Chinese legend in his office on Marine Corps Base Hawaii. He was recently named the Department of Defense Language Professional of the year. Illes, a native of Grand Rapids, Mich., worked as a translator with U.S. Army and Republic of Korea personnel in 2012.**

## CONCERT, from A-1

the air when Keith began to play his famous summer song, "Red Solo Cup." The crowd sang along to every song, word for word.

Keith also played songs that never made it onto an album. These songs were made during his time on the road or out with service members on forward operating bases. The songs were about Willie Nelson, recruiters and salty colonels.

"I had so much fun listening to Toby Keith," said Blayne Sisson, 7, whose father is a section chief for 1st Battalion, 12th Marine Regiment, and a native of Mount Carmel, Ill. "Toby is the man! It was the best country music I have ever heard."

After playing for nearly an hour, Keith handed off his guitar and walked off stage. The crowd knew the show wasn't over. To their surprise, a bugler from the U.S. Marine Corps Forces, Pacific Band walked on stage to play evening colors.

After the American flag was brought down, the crowd started to chant "Toby, Toby, Toby." Soon, he answered the call and reappeared on the huge USO stage to perform one last song.

"American Soldier" was the last song played for everyone. Realizing who his audience was, Keith changed the words to "American Warrior." Nearly every hand was raised in the air in celebration of a great show.

"We get thank you's all the time, but what people don't know is how much it means for us to be able to play for all of you," Keith said. "It doesn't matter if it's 25 Marines or 5,000 Marines, we appreciate every chance to perform for the military."



# Sports & Health



Michael Schmidt's son joins him in the last leg of the Marine Corps Base Hawaii Sprint Triathlon as he heads to the finish line near Hangar 101, Sunday. More than 200 racers participated in the race.

## Contestants test their bodies, dominate MCBH Sprint Triathlon

Story and photos by  
Lance Cpl. Matthew Bragg  
*Marine Corps Base Hawaii*

Up before the morning sun, 247 participants gathered outside Hangar 101 on Marine Corps Base Hawaii to put their bodies through the ultimate grind, Sunday.

For Kirk Fritz, a local from Ewa Beach, it took him just 51 minutes 27 seconds to finish the triathlon. For the rest of the 246 contestants, the course took a little longer.

Marine Corps Community Services hosted the semiannual Sprint Triathlon, which was opened to the public. The triathlon consisted of a 500-meter swim, 11.1-mile bike ride and a 5K run.

"We host these kinds of events all year long, and it's so good to see such a huge turnout," said Megan Early, the coordinator of the triathlon and varsity sports director of Semper Fit Center. "Seeing this many people come out and participate really makes us feel like we're doing something right in the community."

The participants began the triathlon swimming counterclockwise in Kaneohe Bay, around buoys approximately 150 meters from the shoreline before returning.

After exiting the water, participants hurried toward their bicycles to begin the 11.1-mile trek that spanned from Hangar 101 to Hangar 105 and the airstrip. Upon reaching the airstrip, riders pedaled their bikes down to the end of the airstrip and back.

On their way back up the airstrip,



A runner takes a cup of water from a volunteer as he begins the final portion of the Marine Corps Base Hawaii Sprint Triathlon near Hangar 101, Sunday. Participants in the course ran a 5K distance to end the triathlon.

the contestants doubled back and raced down to the end of Mokapu Road. The contestants then followed a trail that led back to the airstrip where they completed another lap of the course before heading back to the bike corrals at Hangar 101 and beginning the final portion of the event, the run.

The last part of the course, the run, spanned from Hangar 101 to the Officers' Club and back, totaling 3.2 miles.

"For the most part, the course hasn't changed since our last triathlon," Early said. "For safety concerns, we brought

the buoys in closer to the shoreline so everyone isn't as far out in the water while they're swimming."

The triathlon started with different groups starting at separate times. Men racing individually started first, followed by individual women and groups and relays starting last.

"I love this event because it's like racing in your backyard," said Air Force Lt. Col. Brian Fairweather, who is with the 65th Airlift Squadron at Joint Base Pearl Harbor-Hickam. "It's a beautiful course, and it's great watching the sunrise while you're racing."

Another racer, Chief Petty Officer Rob Ziegler, who is with Fleet Logistics Support Squadron 51, said he liked the race because of its location and the company.

"Getting up this early to compete beats sitting at home and being lazy, plus it's a bonus when you get to run with your fellow service members," Ziegler said.

Throughout the course, there were a few minor injuries. Some contestants' injuries occurred during the 11.1-mile bike ride, followed by a couple of contestants throwing up during the run.

"The corpsmen were on-site to attend wounds and patch everyone up," Early said. "We always hope we don't need corpsmen during these kinds of events, but we're thankful to have them here every time."

Marine Corps Air Station Kaneohe Bay also helped MCBH prepare for the event by helping sweep the hangar landing pads and moving the helicopters out of the way for contestants. Volunteers from Headquarters Battalion helped set up registration tents, bike corrals and provided road guards to assist participants during the race.

"It's so great to have everyone come out to help us set up and volunteer for the triathlon," Early said. "I'm so thankful to have the volunteers here. They play an important role in making this event a success."

Results for the triathlon are at <http://www.pseresults.com>. MCBH's next triathlon will be scheduled in the fall this year.



Contestants take off in a counterclockwise direction as they race to be the first to finish the 500-meter swim during the semiannual Sprint Triathlon near Hangar 101 on Marine Corps Base Hawaii, Sunday. The course for the swim was changed since the last MCB Hawaii triathlon, bringing the buoys in closer to the shoreline for safety concerns.





Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to [HawaiiMarineEditor@gmail.com](mailto:HawaiiMarineEditor@gmail.com).

If there’s a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your “opinion,” regardless of how wrong it is, featured below. Suit up ladies ... it’s game time.

## Should soda, energy drinks be taxed?

**Lance Cpl. Janelle Y. Chapman** **VS.** **Lance Cpl. Suzanna Lapi**

**CHAPMAN:** Higher taxes on the most sugary drinks...I think yes. Energy drinks and soda are some of the worst things you can put into your body, so why shouldn’t there be a higher tax on them? Everything may be taxed but I believe unhealthy foods and drinks should have a higher tax. We don’t need energy drinks or soda, they’re sweet tooth luxuries. But things like fresh vegetables and fruits have a lower tax. Why? Because they’re good for us and necessary for our health and well being, unlike these over-caffeinated drinks.

**LAPI:** For the government to dictate what we should or should not put into our own bodies by taxing these item is absurd. We have free will for a reason, and this would just be another excuse to make money. If they tax unhealthy choices, then why should they stop there? It could turn into a downward spiral in which we are taxed however is seen fit. Our lifestyle choices should be kept free especially in monetary terms.

**CHAPMAN:** Just because they have higher taxes on soda doesn’t mean

they are dictating what we should consume. It means they know what is bad for our health. America is the most obese country, and taxing the sugary, unhealthy drinks may be able to cut down on that. When it came to taxing cigarettes, less people purchased them because of the prices, and more people became educated of their dangers. Maybe this is what America needs to make it a healthier country.

**LAPI:** America needs to put the burgers down and workout a little more to be a healthier country. People still smoke cigarettes even though they are taxed. I don’t think taxing is the deterrent people need. We still consume harmful things no matter the cost. People smoke and drink when the cost is high, their lives. I still believe that taxing soda and energy drinks is an excuse to rake in more money.

**CHAPMAN:** Higher taxes is the first step to making it less appealing. When people see how much something costs it usually deters them from that object. Yes, it may be a



**CHAPMAN**



**LAPI**

small step, but it is a step. The government may be making more money with this but no body really needs soda or energy drinks. Taxing a small, useless product isn’t as big a deal as everyone is making it out to be.

**LAPI:** I understand higher costs deter people. But we don’t need the government to control more aspects of our lives. People that make healthy choices will prosper, and people that don’t won’t live long. So that should be their punishment, considering it’s the worst of all. Don’t make it a money issue. People that pay with their lives really don’t care about paying out of their pockets if that’s the choice they’re willing to make.





Crime Prevention Tip of the Month

**Make sure to keep your current and valid safety inspection, registration, and insurance cards in your vehicle. PMO recommends not storing the original vehicle title in your vehicle.**  
***Per MCO P5580.2B, deregistering your vehicle with the Provost Marshal Office, Pass and Registration, is required prior to any PCS move, selling, or transferring your vehicle.***

PMO contact numbers and locations

To report suspicious activity/behavior or for non-emergency calls, contact the desk sergeant:  
**257-1018/2123 (building 1096)**

For information regarding check in/out, fingerprinting, or weapon registration, contact:  
**257-6994 (building 1095)**

For information regarding pet registration, fishing regulations, or lost/found animals, contact the PMO Game Warden:  
**257-1821 (building 3099)**

For information regarding vehicle decals, base passes, and vehicle registration, contact:  
**257-2047/0183 (building 1637/1095 for MCB Hawaii)**  
**477-8734/8735 (building 601 for Camp H.M. Smith)**

For information regarding traffic regulations, citations, or traffic court, contact the Traffic Court bailiff:  
**257-6991/6992 (building 1095)**

For all other numbers not listed, contact base information:  
**449-7110**

For more information, visit the PMO website:  
**<http://www.mcbhawaii.marines.mil/Departments/ProvostMarshalsOffice.aspx>**

Topic of the Month — Lost and Found

Marine Corps Base Hawaii’s lost and found storage is located within the Physical Security Office, Building 1095. Lost and Found items stored are outlined in the below listed categories. If you are attempting to locate or inquire about an item and wish to claim the property, please provide any proof of ownership you may have available. A person claiming ownership of any item(s) will be required to provide a detailed description of the article prior to release. For more information regarding the lost and found storage, please contact the Lost and Found Custodian at 257-8557.

• Bicycles	• Ball caps	• Clothing (sweatshirts, shoes, jackets)
• Wallets	• Scooters	• Cameras
• Miscellaneous keys	• Surfboards	• Water bottles
• Bracelets	• Skateboards	• Remotes for cars
• Car keys	• Fishing devices	• Speakers
• Cell phones	• Golfing gear	• Checkbook covers
• Rings	• Glasses sunglasses	
• Personal documents		

ENVIRONMENTAL CORNER

Where to go for recreational off-roading on Oahu

On Oahu, recreational off-roaders are welcomed at “Sandbox Hawaii,” located on Sand Island, and at “Kahuku Motocross Park” near North Shore. Off-roading is strictly prohibited on other public lands and is a criminal offense. Protecting Hawaii’s natural and cultural resources is a serious matter. Law enforcement officers will cite offending recreational off-roaders on criminal misdemeanor charges if found on public lands such as Kaena Point or trespassing

within closed areas such as Sacred Falls State Park. These statutes are criminal and will remain on your personal record. Charges such as this



may affect your military security clearance. Outdoor recreation is a part of our way of life — from hunters and fishermen to families who enjoy the outdoors. Protecting our natural areas ensures we have places to hike, bike, boat, fish, hunt, see wildlife, or enjoy and experience the quiet and peace of Hawaii’s natural places. “People enjoy going to these wild and natural places,” says Gordon Olayvar, Marine Corps Base Hawaii’s conservation law Enforcement criminal investigator.

“But trespassers and illegal off-roaders unintentionally destroy what they’re enjoying when they do it in places they shouldn’t.” For more information about Hawaii’s recreational trails and off-road access areas, call the State of Hawaii Department of Land and Natural Resources at 587-0166. If you observe a resource violation off base, call the DLNR Enforcement hotline at 587-0077. On base, call Officers Gordon Olayvar and John Supple at 216-5178 and 479-7361.



COMMUNITY BRIEFS

Apply to be base child care provider

Want to become a family child care provider? The Family Child care office at building 5082 is currently accepting applications for the new provider orientation scheduled for Monday through Thursday. For more information, call the Family Child care office at 257-5525.

Enjoy Military Appreciation Day at the Honolulu Zoo

Sunday, May 19, is Military Appreciation Day at the Honolulu Zoo from 9 a.m. to 2 p.m. The event is free for military personnel and their dependents. Free parking will be available at the Kapiolani Community College parking lot with a free shuttle to transport military personnel and dependents to and from the gates of the Honolulu Zoo. The event will feature free pizza, drinks, watermelon, entertainment and much more.

Talk Story Camp

Come to 3rd annual Talk Story Camp, July 19 to 21, for three days and two nights of stories at Camp Paumalu on the North Shore of Oahu. It will be a convergence of storytelling people and families retreating into the hills of Pupukea. There will be local storytellers and mainland guests, food,

hikes, North Shore lore and campfires with the trees and stars, adult and kid sessions, story concerts, workshops to create and critique, share and tell tales, day and night. For prices, schedule details, teller profiles, and pictures, visit <http://www.talkstorycamp.com>. For more information email [jeffgere@lava.net](mailto:jeffgere@lava.net) or call 737-1774.

Visit U.S. national parks for free

Active duty military members and their dependents can pick up a free annual pass at any national park that charges an entry fee. The annual military pass also provides free entry to 2,000 additional recreation sites across the country. Visit <http://www.nps.gov> for information about the military pass and to plan your visit to one of America’s 398 national parks.

Windward Choral Society concerts

The Windward Choral Society announces two free concerts for the community at two Kailua churches.

The society’s 5th annual spring concert, “For the Joy of Singing,” is scheduled for Saturday, 7 p.m., at Windward United Church of Christ, in Aikahi Park, Kailua.

Lehigh University Choral Arts of Bethlehem, Pennsylvania, will join WCS to present “In Celebrationof Music,” scheduled for Tuesday, 7 p.m.

at Kailua United Methodist Church, on 1110 Kailua Road, Kailua.

Both concerts and parking are free and no tickets are required. A freewill offering will be taken to offset the costs of the performance For more information, contact Lucy Farewell at 261-9879 or [lcfarewell@msn.com](mailto:lcfarewell@msn.com).

Baby-Toddler clothing swap

The next Baby-Toddler clothing swap is scheduled for May 31 at the Chaplain Joseph W. Estabrook Chapel. Bring gently used or new/clean children’s clothes, newborn to size five that don’t fit anymore and trade them with sizes you need. Call the New Parent Support Program at 257-8803.

Join breastfeeding support group

The breastfeeding support group meets every first and third Monday of each month from 2 to 3 p.m., in building 216, room 63. The group is facilitated by a certified lactation educator. Expectant mothers are welcome. The next class is May 20.

Work out with Baby and Me Yoga

Exercise with your infant in this class held Tuesdays and Thursdays from 8:30 to 9:30 a.m. at the Armed Services YMCA at Kaneohe Bay. Bring a yoga mat, blanket and toys for baby. For more information, call 254-4719.

Families welcome to Itsy-Bitsy Workshop

The Itsy-Bitsy Workshop is for parents and toddlers. Learn creative ways to play with your toddler and have fun together. Call 257-8803, for more information.

Parent participation preschool summer fun

Join in the summer sessions from June 3 to July 26 with the Armed Services YMCA at Kaneohe Bay. This summer’s theme will be “Outer Space!” The preschool teacher will provide research-based, developmentally appropriate learning opportunities, socialization, and positive parent/child interaction. Classes will be Tuesdays and Thursdays from 9 to 11 a.m. There is a monthly fee. For more information, call 254-4719.

Waikiki Community Center seeks volunteers

The Waikiki Community Center is seeking volunteers to help answer phones and do light clerical work. Volunteers must be over 21 years old. At least three hours per week of your time will be greatly appreciated. Business office hours of operation are Monday, Tuesday, Wednesday or Friday from 9 a.m. to 4 p.m. For more information, call 923-1802 or email [jokimura@waikikicommunitycenter.org](mailto:jokimura@waikikicommunitycenter.org).

MARINE MAKEPONO

Means ‘Marine Bargains’ in Hawaiian

Kaneohe studio apartment for rent.

Large deck with ocean view of Chinaman’s Hat and Marine Corps Base Hawaii. Includes custom bathroom with hot tub/shower, covered parking, refrigerator and sink with disposal. No smoking or barbecuing. \$1,300. For more information, call 239-5459.

*If you would like to sell, buy or trade something in the Marine Makepono section of the Hawaii Marine, fill out a form at the Marine Corps Base Hawaii Public Affairs Office in building 216, room 19. Please have your military ID and a short write-up of what you’d like to run. You can fill out the form on the spot or return it to the office later. Emails, faxes and telephone calls are not accepted for Makepono classified ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.*

SPORTS BRIEFS

Bellows Volleyball Memorial Day Tournament

Join the First Tee of Hawaii

The inaugural Bellows Volleyball Memorial Day Tournament is scheduled from May 25 to 26. The first game begins at 9 a.m. on May 25. There are four people to a team, an a maximum of two additional alternate players. Co-ed teams must have two males and two females. If at least six teams aren’t registered by May 17, the tournament will be cancelled. Volleyball tournament is for ages 18 and up. For a registration packet and prices, visit <http://www.bellowsafs.com>.

‘101 Days of Summer’ begins

The “101 Days of Summer” Nuupia Ponds Fun Run/Walk is May 22 at 7 a.m. Units will earn points from participating in the “101 Days of Summer” Program. For details, call 254-7597.

The First Tee of Hawaii is offering its junior golf program free of charge to children of active duty, reservist and National Guard service members. The program is open to children ages 7 to 18 at the Bay View Golf Range Driving range on Kaneohe Bay Drive, Sundays at 11 a.m. The program teaches valuable life skills, and participants learn how to play golf. To register, show up to practice, Sundays at 11 a.m. For details, go to <http://www.thefirst-teehawaii.org> or call 478-3466.

Softball tournament launches at Camp Smith

There will be an intramural softball tournament at Bordelon Field at Camp H.M. Smith, Tuesday and Thursday, from 11 a.m. to 1 p.m. For more information about the tournament, call 477-0498.





Photos by Christine Cabalo | Hawaii Marine

Marines hold on to the shallow end of the pool to practice exercises for Aquatics Maximum Power-Intense Training held Thursday at Marine Corps Base Hawaii’s main pool. The AMP-IT exercises offer a full-body workout without as much strain on joints or the spine as land-based exercises.



The new Aquatics Maximum Power-Intense Training features exercises at the deep and shallow ends of a swimming pool as well as using specialized exercise equipment made for the water. AMP-IT offers workouts similar to High Intensity Tactical Training.

# Pumping out Marine trainers for new AMP-IT program

**Christine Cabalo**

*Marine Corps Base Hawaii*

Marines practiced cross-country skiing and acrobatics without leaving Marine Corps Base Hawaii’s main pool.

More than 55 Marines were trained in the new Aquatics Maximum Power-Intense Training program during trainer sessions, Wednesday and Thursday. The AMP-IT program was developed from an Army exercise program but recalibrated to a more intense workout for Marines.

“The program consists of a warm-up, deep water cadence, shallow-end muscle strength and endurance, and a cool down with stretching,” said Keri Hemund, a former Marine Corps Base Hawaii aquatics specialist who is now the aquatics specialist for Headquarters Marine Corps.

Mary Wykle, who has a doctorate in exercise program development, initially developed the foundation of the program. Hemund suggested adding in water towing and resistance. The two, along with physical therapist Mary Mitchell, have been touring Marine Corps installations to teach the program to active duty Marines since

September 2012.

“We’re also leaving the Marines with materials to continue learning and training,” Wykle said. “We train the personnel all together so they can start bringing their units to the pool. We’re hoping they employ this to keep them healthy, fit and ready to deploy.”

The Marines learned exercises at one of three stations, located at different parts of the pool.

“Using this training will give us another tool,” said Sgt. Savanna Tardif, a Corporals Course instructor with the Staff Noncommissioned Officer Academy. “This can offer more variety for students and broaden their horizons.”

During one portion of training, Hemund offered monitors to Marines to track their heart rates.

“I could feel my legs and mid-core especially during the workout,” said Lance Cpl. Marcom Gomes, a rifleman with Kilo Company, 3rd Battalion, 3rd Marine Regiment. “At the end of the towing, I pulled so much my heart rate was 185.”

Sinking their hearts into AMP-IT, the Marines rose to meet the challenge.



# Hawaii Marine Lifestyles

## Beautiful Waimea Valley

Story and photos by  
Lance Cpl.  
Janelle Y. Chapman  
*Marine Corps Base Hawaii*

## awes visitors with gardens, falls

**WAIMEA VALLEY, Haleiwa** — People can see the true beauty and history of Hawaii at Waimea Valley. There are paved trails winding through a canopy of trees in a peaceful tropical forest, leading to a beautiful 45-foot waterfall and swimming hole known as Waimea Falls. There are botanical gardens with 41 defined zones and more than 5,000 different plants from around the world. Visitors can walk the trail to the waterfall and admire nature.

“Walking the trail gives me peace of mind,” said Kavan Okumera, a lifeguard at Waimea Falls and native of Honolulu. “I enjoy the serenity and how peaceful and beautiful everything is.”

The stroll to the waterfall is nearly a mile filled with plants, wildlife and small historical sites. There are also short paths leading off the main trail that take people to see Waimea Valley’s beauty. Beside the beautiful views and sights, the valley is filled with rich history, including the restored remains of an ancient Hawaiian village and a shrine to a Hawaiian deity.

“This place is very sacred because of the history and who lived here,” said Coco Leong, a native to Haleiwa. “We respect it and it’s a very important part of our history.”

The valley’s 1,875 acres have been a sacred part of Hawaiian history for more than 700 years. Waimea Valley has also been called “The Valley of Priests,” since 1090, when the land was given to Lono-a-wohi, a high priest, from Kamapuaa, then-ruler of Oahu. Descendants of the high priests were stewards of the land until 1886.

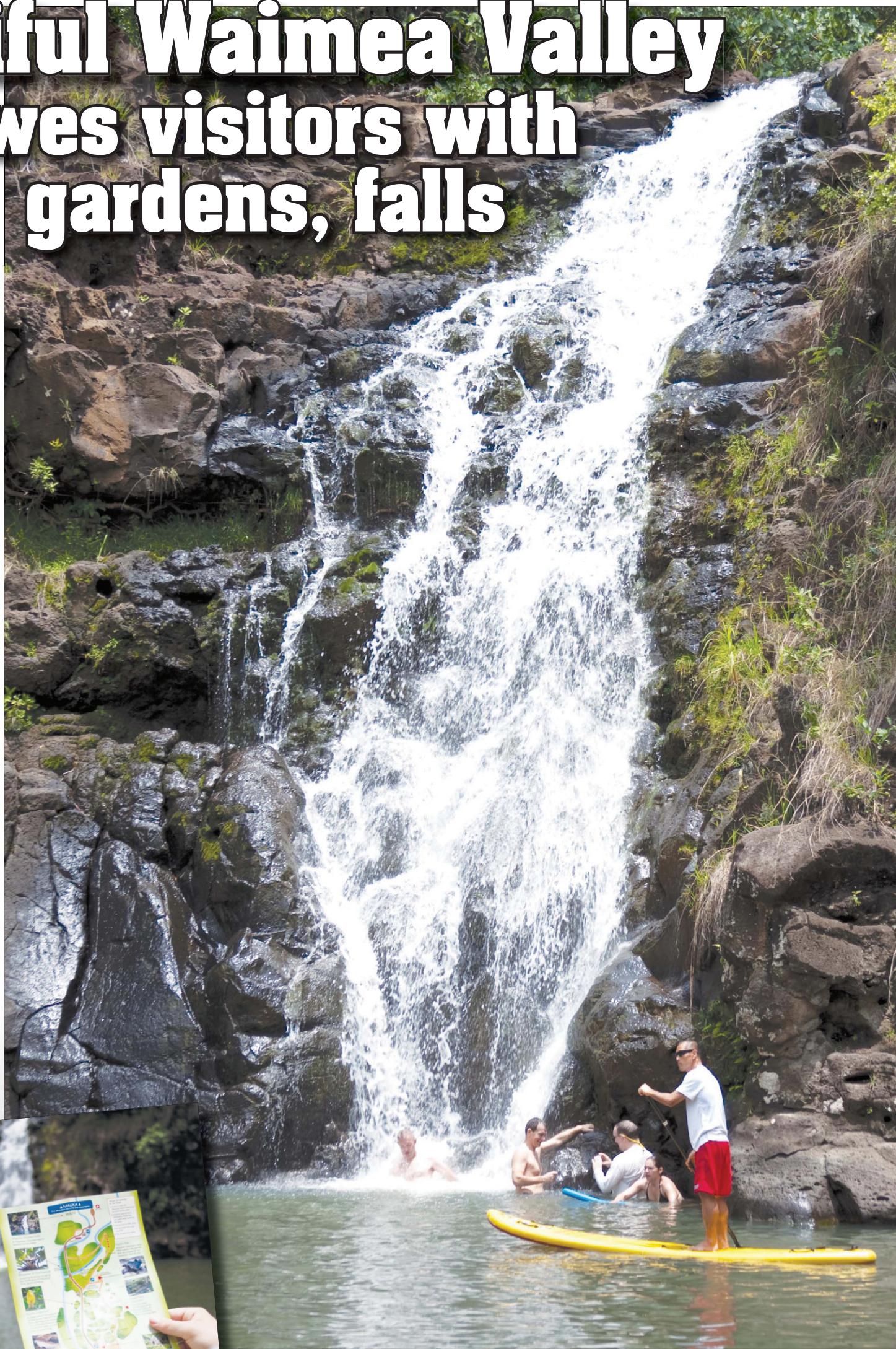
Ancient native Hawaiians believed Waimea Falls had healing powers in its water. The high priests brought wounded warriors to the small pool and soaked them, believing the powers of the water would heal them. The falls were initially reserved for high chiefs, but is now open to the public, explained Leong.

“The waterfall is the focal point when people visit,” Okumera said. “When people come to the park and walk through the trails, the waterfall is the end of the road.”

Hawaiian tour guides offer private guided tours, ranging in price and distance, through hidden trails in the valley. The guides teach tourists about the historical and cultural side of the valley. The hike ends at Waimea falls, where hikers can swim and cool off in its fresh waters.

“I always wanted to visit Hawaii, and this was one of the first sites I wanted to see,” said Laura Bontems, a tourist from Virginia Beach, Va. “It’s beautiful!”

Waimea Valley is located at



Visitors enjoy the water at the base of Waimea Falls in Haleiwa, April 28. Waimea Valley is filled with 1,875 acres of plant life, bodies of water and wildlife.



A visitor looks at his map of the trails in Waimea Valley, April 28. There are short paths leading off the main path which lead people to small streams, a variety of plant life, and historical points of interest.

59-864 Kamehameha Highway, Haleiwa. It’s open daily, from 9 a.m. to 5 p.m. There is a fee to enter the valley, and every third Sunday the fee is \$5 for service members, their families and locals. A golf cart shuttle is also available, for a fee, to bring people from the ticket booth to the waterfall and back.



**ABOVE:** There are more than 5,000 different types of plant life in the Waimea Valley.

**LEFT:** Two women admire Waimea Falls in Waimea Valley, April 28. There are paved trails winding through a canopy of trees in a peaceful tropical forest, leading to a beautiful 45-foot waterfall and swimming hole.





PASS

IN

REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

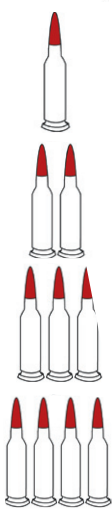
- 1/4 — No Impact, No Idea

Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.
- 2/4 — High And To The Right

Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there’s nothing better to do.
- 3/4 — On Target


Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.
- 4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.

Better Know A Critic



BRAGG

Lance Cpl. Matthew Bragg enjoys films of all genres, but his favorites usually fall in the sci-ence fiction genre. He critiques movies not by the way they look, but by the way the cinematogra-phy portrays the characters that blend together with the film’s story plot. Not all films need to be unique to be good.

# ‘Iron Man 3’ doesn’t impress despite box office sales

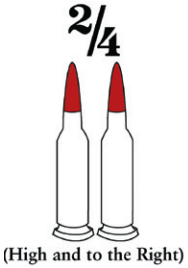
**Lance Cpl. Matthew Bragg**  
*Marine Corps Base Hawaii*

For a movie that many moviegoers were expecting to be epic, “Iron Man 3” didn’t pack as powerful a punch as I hoped it would. Dominating its opening weekend in the box office, Robert Downey Jr., reprises his role as Tony Stark/Iron Man, who has trans-formed through the first two films from a narcissistic, playboy philanthropist to an honest, committed and caring man. Stark has grown obsessed with his Iron Man suits, claiming the reason for his obsession is to protect the one woman in his life, Pepper Potts (Gwyneth Paltrow). Meanwhile, the plot builds itself based on several displays of terrorism around the world by Iron Man’s new nemesis, who calls himself the Mandarin (Ben Kingsley). After making a threat to the Mandarin and having everything he has ever built destroyed in a matter of min-utes, Stark finds himself in an unfamil-iar place and begins his quest of retribution toward the evasive villain. “Iron Man 3” sways away from the first two films, with the beginning of the movie showing a past event in Stark’s life as he narrates. Normally I don’t think of

movies beginning with flashbacks can make a good transition from past to present, but this film pulled it off. The film offered plenty of one liners and sarcastic jokes courtesy of Stark, often making the audience burst out with laughter. However, the halfway point in “Iron Man 3” was like a Fer-rari zipping through traffic with intensity and suddenly running out of gas, forcing it to stop on the side of the road. The plot builds by showing the Mandarin as a man who speaks in riddles and direct threats to the U.S. government through live video streaming in a soft, chilling tone. But after the film crosses the halfway point, the Mandarin’s persona is completely demolished, and he practically disappears for the rest of the film. Many fans of the Iron Man comics would call this film atrocious, to say the least. The Mandarin is to Iron Man as the Joker to Batman, but he is not held to that high of a status. In fact, after the film’s halfway point, the Mandarin is a complete joke. Since “The Avengers” film represented Iron Man



and brought aliens from another planet to Earth, Shane Black, the director of “Iron Man 3,” assumed it would be okay to dump the realism that stayed with the first two Iron Man movies. The representation in which Black portrayed the use of magic in the film only used in the wrong aspect and pushed beyond the limits to make it a successful tie-in to the movie. Had Black kept the villain’s demonstration of magic to a minimum, it would have made the film more enjoyable to watch. Lastly, for a film that is all about Iron Man, Stark spends three-quarters of the movie outside his suit. Despite the plot playing a role in the separation of Stark and his suit, there isn’t a lot of action other than him doing what he did best in the first film. Using spare parts found around the area and household items bought from a minimart, Stark created gadgets to defend himself and protect those close to him. In a series of culminating events that led to a hasty ending, the film failed to carry it-self as the previous Iron Man films did. “Iron Man 3” raised many questions at the end of the mov-ie that left moviegoers thinking, “What the heck just happened?” The only real question the film managed to answer was, “Does the man make the suit, or does the suit make the man?”





# Mother’s Day: A real hoot

**Lisa Smith Molinari**

*Contributing Writer*

“Hey hon, so whaddya want for Mother’s Day any-way?” my husband inquired a couple days ago, much too late to actually plan anything decent.

My mind flashed to Mother’s Days past. I winced at vivid images of kitchens destroyed by my children’s best intentions. My lips puckered at the distant taste of cold burnt breakfasts in bed. Allowing my mind to reminisce a moment longer, I nearly gagged at the thought of pond scum. Well, not exactly pond scum, but that scummy film that forms in the bottom of a flower vase containing week-old cut flowers. My uvula twitched at the thought of slimy stems breaking the algae-like skin on the surface of old vase water to reveal murky dregs and the pungent odor of rotting vegetation.

I never really liked cut flowers because of the pond scum, but my husband orders them almost every year. He makes a call to the florist and, voila, his job is done. One year, I delicately suggested he consider potted flowers for Mother’s Day. That year, I received a lovely hydrangea that bloomed in my garden for years. I thought my days of dealing with green slime were over.

The next year, it seemed like a heck of a lot of work driving over to the garden center for another potted plant when my husband could simply call the florist from the comfort of his Barcalounger. Back to the pond scum. I shuddered, and tried to focus on an answer to my husband’s question. Hmm, I thought, is there something that my family would enjoy that would not require me to clean the kitchen and wash out dirty vases?

I recalled Mother’s Day 2007. My Navy husband was in the fifth month of a yearlong deployment to Djibouti, Africa. I met some other “geographically single” military moms at an indoor play center to let the kids run off some steam while we chatted. A couple hours later, the kids, sweaty and sufficiently coated in invisible ball-pit bacteria, told us they were starving to death.

The mothers begrudgingly trudged toward the exit. “Ugh,” one mom groaned, “I really don’t want to cook.” “Me neither,” another chimed in, her lips stretched downward in an exaggerated frown.

After months of parenting alone, I seriously contemplated eating my daughter’s filthy, sweat-dampened socks to avoid cooking another meal. “Hey, you guys wanna go out to lunch somewhere?!”

We huddled in the parking lot to plan a lunch outing, but our excitement soon turned to disappointment when we realized that, without a reservation, we’d be lucky to get Slurpies and Slim Jims at 7-11 on Mother’s Day. Just then, a 150-watt bulb blinked on in my deployment-weary brain with possibly the best idea I’d had in my entire life. “I know where we can go!” I blurted. The other moms and their hungry offspring looked at me with hope in their hungry eyes, and I bel-lowed with outstretched arms like their pseudo savior, “HOOTERS!”

Much as I had predicted, we had the whole place to ourselves, and lazily dined late into the afternoon. The waitresses seemed more than happy to cater to feminine clientele who don’t giggle nervously and ogle at their ill-fitting shirts, so the service was excellent. While I did have to wipe drool from my 11-year-old son’s chin a time or two, all in all, it was a perfect Mother’s Day.

“Hon, did you hear me?” my husband inquired impatiently.

“Oh, yea,” I said, snapping back to reality. The taste of chilled, scorched eggs and the smell of slimy vase water suddenly seemed appealing compared to one’s husband staring bug-eyed at a woman half his age while munching on wings, so I said, “Breakfast in bed and a vase of flowers would be just wonderful.”

**<http://www.themeatandpotatoesoflife.com>**